



# SAFEGUARDING DIGITAL BANKING SERVICES AGAINST CYBER SECURITY THREATS AND DATA BREACHES DEPLOYING TACTICS AN EMPIRICAL STUDY

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#### Abstract

Cybercrime in digital banking encompasses various illegal activities targeting financial institutions and their customers through online channels. These crimes involve stealing data, disrupting services, and gaining unauthorized access to bank accounts. Safeguarding digital banking against cybercrime requires a multi-faceted approach, including strong passwords, enabling two-factor authentication, being wary of phishing scams, and keeping software and devices updated. Banks also need to implement robust cybersecurity measures like encryption, regular security assessments, and employee training. The findings highlight that while banks have implemented various security measures, there are still significant gaps in risk identification, policy enforcement, cybersecurity awareness, and proactive monitoring. The study also emphasizes the importance of regular security assessments, compliance with regulatory frameworks, and the adoption of advanced cybersecurity technologies.

Keywords: Digital Banking, Cyber Security, Security Measures, Cyber Security Technologies.

### **INTRODUCTION:**

The rapid advancement of digital technologies has transformed the banking sector, offering customers faster, more convenient access to financial services through internet and mobile banking platforms. However, this digital transformation has also introduced significant cybersecurity challenges, making banks increasingly vulnerable to threats such as data breaches, phishing attacks, malware, identity theft, and ransomware. As financial institutions store and process vast amounts of sensitive data, they have become prime targets for cybercriminals seeking to exploit system vulnerabilities for financial gain.

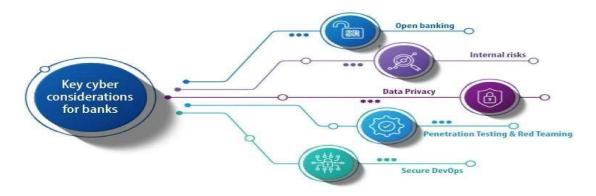
Cybersecurity threats not only compromise individual and organizational privacy but also erode customer trust, damage institutional reputation, and lead to substantial financial losses. Despite the growing awareness of these risks, many banking users and institutions still struggle with the effective implementation of robust cybersecurity strategies. Furthermore, the dynamic nature of cyber threats demands continuous evaluation and adaptation of security practices to ensure the integrity and safety of digital banking systems.

This empirical study seeks to explore the current state of cybersecurity in digital banking, focusing on the awareness, preparedness, and response strategies adopted by users and institutions. It aims to evaluate the effectiveness of deployed tactics and identify critical gaps

that may hinder the resilience of digital banking services against emerging cyber threats. By analyzing both primary and secondary data, the research will provide insights into user behavior, institutional practices, and the overall effectiveness of cybersecurity measures in a real-world context.

Through this study, recommendations will be offered to enhance cyber readiness, promote safe digital banking practices, and support the development of comprehensive security frameworks that protect against present and future cyber risks.

The emergence of digital banking has reshaped the financial landscape, offering unprecedented access and convenience to users worldwide. This digital shift, however, has simultaneously created new avenues for cybercriminals to target financial institutions with increasingly sophisticated methods. Banks and their customers now grapple with significant cyber security challenges, including data breaches, phishing attempts, and DDoS attacks. As the digital banking sphere expands, so does the potential for cyber threats, necessitating robust and adaptable security frameworks. Safeguarding customer data and financial transactions is crucial for maintaining trust in digital banking services.



### **BACKGROUND OF THE STUDY**

In the digital age, banking services have undergone a significant transformation, shifting from traditional, branch-based operations to online and mobile platforms. This digital evolution has enhanced customer convenience, reduced operational costs, and enabled real-time financial transactions. However, it has also exposed the banking sector to a wide array of cybersecurity threats and data breaches. These threats include phishing attacks, malware infiltration, ransomware, insider threats, and advanced persistent threats (APTs), all of which can lead to substantial financial losses, reputational damage, and erosion of customer trust.

Cyberattacks targeting financial institutions have grown in frequency and sophistication. According to global cybersecurity reports, the financial services industry remains one of the most targeted sectors by cybercriminals. Sensitive customer data, including personal identification information (PII), account details, and financial records, is are prime target for hackers. Consequently, banks must implement robust security frameworks and deploy proactive defence mechanisms to mitigate potential risks.

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This growing concern has prompted the adoption of advanced cybersecurity strategies, such as multi-factor authentication, biometric verification, encryption technologies, and AI-powered threat detection systems. Simultaneously, regulatory bodies worldwide have imposed stringent compliance requirements, such as the General Data Protection Regulation (GDPR), Payment Card Industry Data Security Standard (PCI DSS), and other local cybersecurity laws, to ensure the integrity and safety of digital banking operations.

Despite these measures, the effectiveness of current cybersecurity tactics in real-world scenarios remains an area of active investigation. This empirical study aims to explore and evaluate the deployment of various cybersecurity tactics by digital banking institutions, assess their impact on mitigating threats, and identify gaps in current defence mechanisms. Through data collection and analysis, the study seeks to provide actionable insights that can inform policy-making, improve security frameworks, and enhance the resilience of digital banking services against evolving cyber threats.

## **IMPORTANCE OF THE STUDY**

In the current digital era, where banking operations are increasingly conducted through online platforms, ensuring the security and integrity of digital banking systems has become critically important. This study addresses a vital area by exploring how effectively cybersecurity strategies are being implemented and perceived by users in the banking sector. The importance of this research lies in its potential to uncover gaps between awareness and actual practice, assess the readiness of users to handle cyber threats, and highlight demographic factors influencing cybersecurity adoption. By providing empirical data on real-world cybersecurity experiences, this study offers valuable insights for banks, cybersecurity professionals, and policymakers aiming to strengthen digital infrastructure. Furthermore, it contributes to academic literature by filling the gap between theoretical knowledge and practical application in the field of digital banking security. Ultimately, the findings of this study can help shape more secure, inclusive, and user-informed digital banking environments, safeguarding both financial institutions and consumers from the growing risks of cybercrime.

### SIGNIFICANCE OF THE STUDY

This study holds considerable significance in today's rapidly evolving digital banking landscape, where cybersecurity threats and data breaches pose serious risks to financial stability and consumer trust. For financial institutions, the research offers critical insights into the effectiveness of current cybersecurity tactics, helping them to identify gaps, enhance their defence strategies, and build more resilient systems. It supports proactive risk management by highlighting which measures are most effective in real-world applications. For policymakers and regulatory bodies, the findings provide empirical evidence to inform the development and refinement of cybersecurity regulations, ensuring that protective frameworks remain robust and relevant in the face of emerging threats. Furthermore, the study contributes to the academic body of knowledge by bridging the gap between theory and practice, offering a data-driven evaluation of cybersecurity tactics in digital banking. Lastly, for customers, this research indirectly promotes greater awareness and confidence in digital banking systems, knowing that institutions are actively working to protect their data and financial assets from cyber threats.

#### **REVIEW OF LITERATURE**

The subsequent literature has been examined to identify and analyse the research gap and addressing this gap may result in ground breaking research:

Ana Rita D. Rodrigues, Fernando Teixeria, Fernando A. F. Ferreria, Constantin Zopounidis (2022) the use of new technologies by traditional banking transactions is currently under intense demand from stakeholders. However, data security cannot be compromised because of the fundamental essence of this industry. A crucial component of the connections that exist between banking organisations and their customers is the level of confidence that users have in their bank branches. The success, ability to draw in new business and ability to keep hold of current clientele are all strongly impacted by banks reputation. Because of these problems, judgements about how to approach the difficulties of integrating cyber – security, digital transformation, and AI into the banking industry are difficult to make.

Leandre Gomes, Abhinav Deshmukh, Nilesh Anute (2022) the majority of individuals prefer to transact using E-banking, which has become a crucial component of the financial system. Customers benefit from internet banking, but they still need to exercise caution to protect their accounts from hackers and cyber-criminals because anything on internet is vulnerable to security risks. When compared to the ever-evolving cyber-dangers, the internet security protocols that most bank websites use to safe-guard their data are out of date. Due to these issues, it is simple for hackers and other outside parties to obtain private financial data. While there are a number of securities pre cautions to stop breaches, there are still flaws in these systems.

**C. P. Krishna (2024)** with the rapid evolution of digital banking, cybersecurity threats have increased, posing risks to financial institutions and customers. This paper explores key cybersecurity threats in digital banking, their implications, and mitigation strategies. The analysis includes real-world case studies and data interpretation, providing insights into the effectiveness of existing security measures. A comprehensive review of various cyber security challenges, evolving threat landscapes, and the role of technology in mitigating these risks is discussed in detail. Additionally, this paper delves into regulatory compliance, policy recommendations, and emerging trends in cybersecurity.

### **RESEARCH GAP**

Despite the growing body of literature on cybersecurity and digital banking, there remains a noticeable gap in empirical research that critically examines the practical deployment and realworld effectiveness of cybersecurity tactics used by financial institutions. Much of the existing research tends to focus on theoretical frameworks, general security recommendations, or technological advancements without assessing how these measures perform when applied in actual banking environments. Moreover, few studies comprehensively analyze the evolving nature of cyber threats in relation to the adaptive strategies implemented by banks, particularly in different regional or regulatory contexts. This lack of in-depth, data-driven investigation into how digital banks respond to and recover from cyber incidents highlights a crucial need for empirical analysis. Addressing this gap is essential for developing actionable insights that go beyond generic solutions, helping institutions implement tailored, evidence-based strategies to safeguard their digital operations.

#### STATEMENT OF THE PROBLEM

The rapid advancement of digital banking services has led to an increasing reliance on online platforms for financial transactions, making them prime targets for cyber threats and data breaches. Despite significant investments in cyber security infrastructure, financial institutions continue to face sophisticated attacks such as phishing, malware infiltration, ransomware, identity theft, and unauthorized access to sensitive customer information. These security breaches not only result in financial losses but also erode consumer trust, disrupt banking operations, and pose regulatory compliance challenges. The problem lies in the inadequacy of traditional security measures to combat evolving cyber threats, necessitating the deployment of more advanced and adaptive cyber security tactics. This study seeks to analyse the existing vulnerabilities in digital banking systems, assess the effectiveness of current security frameworks, and propose robust strategies to enhance the resilience of financial institutions against cyber risks.

### **OBJECTIVES OF THE STUDY**

To identify the various cyber security threats affecting digital banking services. To analyse the impact of data breaches on financial institutions and their customers To evaluate the effectiveness of existing security measures and protocols To explore advanced tactics and technologies for enhancing cyber security

### **RESEARCH METHODOLOGY**

The study uses an empirical approach to investigate, examine and explain the extent to which the banks realise the importance of regular security assessments, compliance with regulatory frameworks, and the adoption of advanced cyber security technologies.

### DATA COLLECTION

The study sample was collected from Chengalpattu district. A total of 160 respondents were selected for participation in the study using purposive sampling technique. Data collection was made using Questionnaires, which serve as an effective means of gathering primary data, while secondary data was acquired from various websites, past research papers and academic journals. The research methodology included the formulation of hypothesis, the development of a hypothesis plan, the analysis of the sample data and the interpretation of results to derive conclusions about the general population.

### STATISTICAL ANALYSIS

The hypothesis presented below has been formulated following an analysis of the various dependent independent variables used in the study. A significance level of 5% was established to determine whether to reject or accept the null hypothesis. Both descriptive and inferential statistics have been used to analyse the data and draw conclusions regarding the sample and the general population.

# **RELIABILITY ANALYSIS**

Cronbach's Alpha value, being a measure of internal consistency among 10 scale items for the construct "Overall Effectiveness of Cyber Security Measures" reports value of 0.971 which is very much higher than 0.70 is considered acceptable and excellent. Hence, the items in the scale are found to be consistent and highly reliable.

## Descriptive Analysis

- Majority 82% of the individuals are aware of Digital Banking Services, Cyber Security Threats and data breaches.
- Only 25% of the individuals have implemented cyber security strategies for digital banking.
- Nearly 36% of the individuals are familiar with current cyber security threats in Digital Banking.
- Majority 74% of the individuals have encountered cyber security incidents and data breaches.

## Inferential Analysis

## Test Statistics revealed the following at 5% level of significance:

There is **no significant difference** between male and female respondents in terms of overall effectiveness scores. Gender does not impact cyber security effectiveness perception in the banking sector.

There is a **significant difference** in overall effectiveness across different age groups. The Duncan Post Hoc Test shows: Individuals below 30 years group has the highest mean score (43.33), 31-40 years (25.04) falls in between and those between 41-50 years has the lowest mean score (15.00).

**Key Takeaway:** Younger employees below 30 years perceive cyber security effectiveness higher than older employees (41-50) Years.

There is a strong association between educational qualification and the cyber security strategy status.

# **OVERALL DISCUSSION**

The results suggest that while awareness of cybersecurity threats is high, actual implementation of protective strategies remains low, pointing to a need for greater institutional support, awareness campaigns, and possibly regulatory mandates. The influence of age and education on cybersecurity perception and strategy adoption reveals a demographic divide, suggesting targeted training programs may be beneficial especially for older or less-educated individuals. Financial institutions should leverage these insights to enhance user education and implement robust, user-friendly cybersecurity solutions.

### FINDINGS

1. HighAwarenessbutLowImplementationWhile 82% of respondents are aware of digital banking services, cybersecurity threats,

and data breaches, only 25% have implemented cybersecurity strategies. This indicates a significant gap between awareness and action.

- 2. Exposure to Cyber Incidents A majority (74%) of the respondents have experienced cybersecurity incidents or data breaches, emphasizing the real and present risk faced by users of digital banking services.
- 3. Limited Familiarity with Current Threats Only 36% of respondents are familiar with current and evolving cybersecurity threats, suggesting that while general awareness is high, in-depth understanding remains limited.
- 4. Gender Does Not Influence Cybersecurity Perception Statistical analysis shows no significant difference between male and female respondents in terms of their perception of cybersecurity effectiveness, indicating that gender does not impact awareness or attitude toward cybersecurity in digital banking.
- 5. Age Impacts Perception of Effectiveness Younger respondents (below 30 years) perceive cybersecurity measures as more effective, with the highest mean score (43.33), compared to older age groups (31–40 years: 25.04, and 41–50 years: 15.00). This suggests that younger individuals are more confident in or familiar with digital security practices.
- 6. Educational Qualification Influences Strategy Adoption There is a strong association between education level and the implementation of cybersecurity strategies. Individuals with higher educational qualifications are more likely to adopt and understand effective cybersecurity measures.
- 7. **High Reliability of the Research Instrument** The Cronbach Alpha value of 0.971 confirms that the survey items used to measure the construct "Overall Effectiveness of Cyber Security Measures" are highly reliable and consistent.

# LIMITATIONS OF THE STUDY

Limited access to proprietary banking data due to confidentiality concerns. Rapidly evolving cyber threats may surpass current study findings Variability in cyber security practices across different financial institutions. Dependence on the accuracy of secondary data sources for analysis. Constraints in generalizing findings across diverse banking environments The above limitations have in no way impeded or impaired the standard of the study. Despite the limitations listed above, sincere and honest efforts were put in to make the study systematic and effective.

### CONCLUSION

The study on cybersecurity effectiveness in the banking sector of Chengalpattu District has provided valuable insights into the current challenges, risks, and mitigation strategies. The findings highlight that while banks have implemented various security measures, there are still significant gaps in risk identification, policy enforcement, cybersecurity awareness, and proactive monitoring. The study also emphasizes the importance of regular security assessments, compliance with regulatory frameworks, and the adoption of advanced cybersecurity technologies.

Through descriptive and inferential statistical analysis, it has been observed that cybersecurity measures are not uniformly implemented across different banks. Employees' cybersecurity awareness levels also vary based on age, education, and training exposure. Moreover, the study indicates that the effectiveness of cybersecurity controls depends on how well they are integrated into daily banking operations.

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